

NORGESCUP 2025/26 NC3 TRØMSO

TIME SCHEDULE

OPPVISNING FRILØP

SATURDAY, 11 OCTOBER 2025

Nation

9:00:00	-	9:04:00	Warm-Up Group 1			
9:04:30	-	9:08:15	1	Ingeborg WALDAHL		IKK
9:08:15	-	9:12:00	2	Magdalena HENRIKSEN		IKK
9:12:00	-	9:15:45	3	Ingrid MIDTBU		IKK
9:15:45	-	9:19:30	4	Sire KVERNMO		IKK

Warm-Up: 4:00 Duration of Skating: 2:15 +/-10 seconds Introduction: 0:30 Judging First: 1:00 Judging Last: 1:00